

UMW Annual Retreat

Circle J Ranch

3338 US-16 Ten Sleep WY

Sponsored by:

United Methodist Women of
Sheridan First United Methodist Church

215 West Works
Sheridan WY 82801



Questions? Contact:

Stephanie Buehler

307-672-3584

or

rbuehler@wavecom.net

Schedule

Friday, August 17

Arrive at Circle J any time after 4:00 pm

5:30 pm

Check-In

6:00 pm

Dinner

7:00 pm

Campfire Singing and S'mores

Saturday, August 18

7:45 am

Morning Chapel

8:00 am

Breakfast

9:00 am

Welcome

9:15 am

Program Session I

10:15 am

Break

10:30 am

Program Session II

12:15

Lunch

1:00 pm

Program Session III

2:45 pm

Break

3:00 pm

Program Session IV (in Chapel)

and Closing Chapel with

Holy Communion

4:00 pm

Travel Home

Optional Saturday Evening Activities:

Hikes, socializing, etc.. dine out (Ten Sleep or Meadow Lark Lodge) or dine in (there's always plenty of left-overs!; evening campfire! Sunday: Open time for rising, breakfast, etc. Join worship at Ten Sleep UMC at 9:00 am, or enjoy the morning at Circle J.

2018 Planning Team: Penny Becker, Margaret Prout, Susan Kautz, Lou Bennett, Stephanie Buehler, Rev. Eloise Saltzgaver, Rev. Dr. Beth Kelsey.

**Circle J here we come up the canyon
chuggin; chuggin'**

Circle J here we come to pray!

Consider the Wondrous Works of God!



**UMW Annual Retreat
August 17-18 (19), 2018
Circle J Ranch, Ten Sleep WY**

www.circlejretreatcamp.com

**Are you listening?
Have you noticed all this?
Stop and consider
the wondrous works of God!**

Job 37:14

There comes a time when we all feel worn down by the every-day challenges of life. This retreat is an invitation to take a day apart, to rest in a beautiful place, pray, sing, eat good food, and enjoy the wonders of nature.



Stephanie Buehler and Eloise Saltzgaver will guide us as we explore the spiritual discipline of nature journaling. Taking advantage of the beautiful environment of Circle J, retreat participants will share fun and relaxing inside and outside activities that help us welcome the sights and sounds of nature. Friday's evening meal is a feast one might eat in biblical times, including (but not limited to!) lentils, falafel, meatballs, yogurt, cucumbers, greens, dates, and almonds!

This retreat experience will help us open all our being—heart, mind, body, soul-- to God's abundant love revealed in the wonders of nature.

The optional Saturday night stay is offered again this year. At the conclusion of the formal retreat, those who choose may stay for Saturday night and enjoy informal opportunities to visit with new friends, hike, and rest in the awesome beauty of Ten Sleep Canyon and the Circle J grounds.

Saturday night dinner is casual and easy—no need to bring food as there will be plenty of left-overs! Some may choose to worship Sunday morning at Ten Sleep UMC (and enjoy their after-church brunch!)

What to bring:

- ✓ **Portable outdoor chair**
- ✓ **Snack to share**
- ✓ **Sleeping Bag**
- ✓ **Pillow**
- ✓ **Towel/toiletries**
- ✓ **Flashlight**
- ✓ **Warm jacket**
- ✓ **Walking shoes**

All women who seek to grow in knowledge and love of God and Christ are invited to attend.

Bring a friend!

Registration (due August 1, 2018)

There are two ways to register:

- 1) Complete and detach this form and return, with payment, to: First United Methodist Church, 215 West Works, Sheridan WY 82801; or
- 2) Go to www.fumcsheridanwy.org, print the form and complete and return with payment to: First United Methodist Church, 215 West Works, Sheridan WY 82801

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Name:

Address:

Email:

Phone:

Special dietary needs (if any):

Registration and Fee (cash or check payable to United Methodist Women):

_____ \$50 Fri lodging and Sat seminar

_____ \$20 Add Sat night optional lodging

_____ \$40 Saturday seminar only

_____ I need a ride! or _____ I can offer a ride!